

- Oral rehydration therapy (ORT) is a simple low-cost treatment that replaces fluid and electrolytes lost by sufferers of diarrhoea. To make the solution for ORT, 3.5 g NaCl, 2.9 g sodium citrate (which contains 1 citrate³⁻ and 3 Na⁺ ions and has a molar mass of 258 g mol⁻¹), 1.5 g KCl and 20.0 g glucose (C₆H₁₂O₆) are dissolved in water to make 1.0 L of solution. What is the osmotic pressure (in mmHg) of this solution at body temperature (37 °C)?

The osmotic pressure, Π , is given by $\Pi = i \times MRT$ where M is the molarity of the solution and i is the amount (mol) of particles in solution divided by the amount (mol) of dissolved solute. For this solution, the contributions from each dissolved species are summed, $\Pi = \Sigma (i \times MRT)$.

As NaCl dissolves to give two particles, Na⁺ + Cl⁻, $i_{\text{NaCl}} = 2$. The formula mass of NaCl is 22.99 (Na) + 35.45 (Cl) g mol⁻¹ = 58.44 g mol⁻¹ so 3.5 g contains:

$$n_{\text{NaCl}} = \frac{\text{mass}}{\text{formula mass}} = \frac{3.5 \text{ g}}{58.44 \text{ g mol}^{-1}} = 0.060 \text{ mol}$$

$$M_{\text{NaCl}} = \frac{n}{V} = \frac{0.060 \text{ mol}}{1.0 \text{ L}} = 0.060 \text{ M}$$

As sodium citrate dissolves to give four particles, 3Na⁺ + citrate³⁻, $i_{\text{sodium citrate}} = 4$. The formula mass of sodium citrate is 258 g mol⁻¹ so 2.9 g contains:

$$n_{\text{sodium citrate}} = \frac{2.9 \text{ g}}{258 \text{ g mol}^{-1}} = 0.011 \text{ mol}$$

$$M_{\text{sodium citrate}} = \frac{0.011 \text{ mol}}{1.0 \text{ L}} = 0.011 \text{ M}$$

As KCl dissolves to give two particles, K⁺ + Cl⁻, $i_{\text{KCl}} = 2$. The formula mass of KCl is 39.10 (K) + 35.45 (Cl) g mol⁻¹ = 74.55 g mol⁻¹ so 1.5 g contains:

$$n_{\text{KCl}} = \frac{1.5 \text{ g}}{74.55 \text{ g mol}^{-1}} = 0.020 \text{ mol}$$

$$M_{\text{KCl}} = \frac{0.020 \text{ mol}}{1.0 \text{ L}} = 0.020 \text{ M}$$

As glucose dissolves without dissociating, $i_{\text{glucose}} = 1$. The molar mass of glucose is (6 × 12.01 (C)) + (12 × 1.008 (H)) + (6 × 16.00 (O)) g mol⁻¹ = 180.156 g mol⁻¹. 20.0 g contains:

$$n_{\text{glucose}} = \frac{20 \text{ g}}{180.156 \text{ g mol}^{-1}} = 0.11 \text{ mol}$$

$$M_{\text{glucose}} = \frac{0.11 \text{ mol}}{1.0 \text{ L}} = 0.11 \text{ M}$$

ANSWER CONTINUES ON THE PAGE

The total osmotic pressure is therefore:

$$\begin{aligned}\Pi &= \Pi_{\text{NaCl}} + \Pi_{\text{sodium citrate}} + \Pi_{\text{KCl}} + \Pi_{\text{glucose}} \\ &= [(2 \times 0.060) + (4 \times 0.011) + (2 \times 0.020) + (1 \times 0.11)] \times (0.08206) \times (37 + 273) \text{ atm} \\ &= 8.0 \text{ atm}\end{aligned}$$

As 1 atm = 760 mmHg, 8.0 atm = (8.0 × 760) = 6.1 × 10³ mmHg

Answer: **6.1 × 10³ mmHg**

This pressure is about the same as the osmotic pressure of blood. The calorie content of the solution can be increased by adding either more glucose or a polymer of glucose. Which would be preferable? Give a brief reason.

The polymer would be preferable as it would cause little change in the osmotic pressure of the solution.